

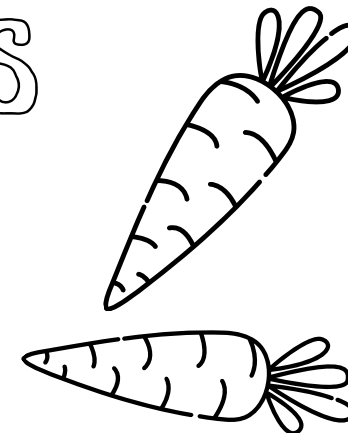
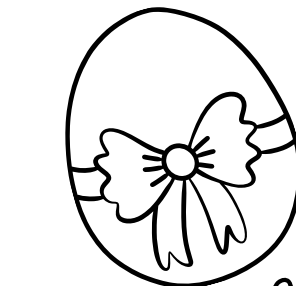
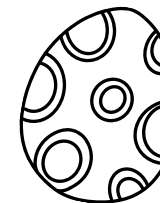
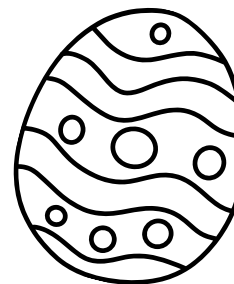
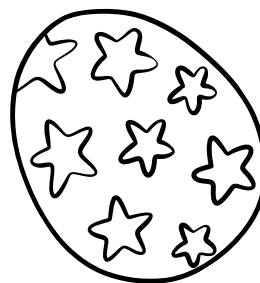
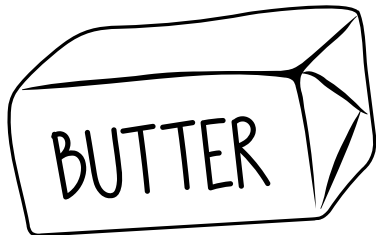
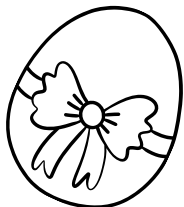
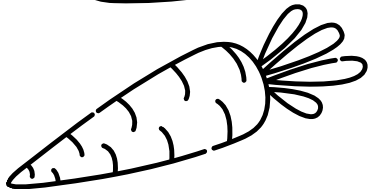
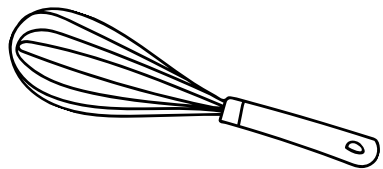
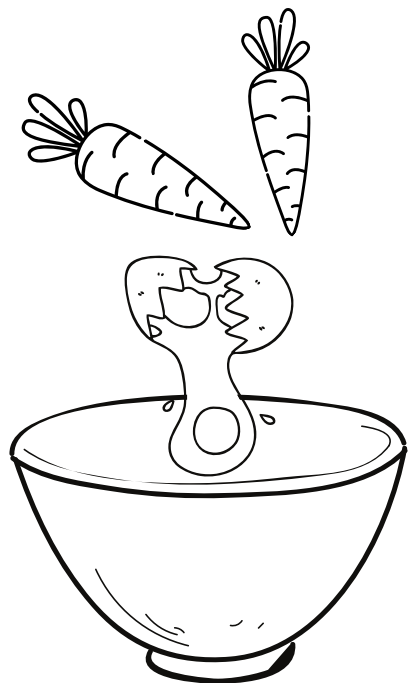
# EASTER CARROT CUPCAKES

## Ingredients:

- 1 1/2 cups grated carrots
- 1 cup unsweetened applesauce
- 1/3 cup melted coconut oil
- 2 large eggs
- 1 teaspoon vanilla extract
- 1 1/2 cups self-raising wholemeal flour
- 1/4 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 120g cream cheese, softened
- 2 tablespoons unsalted butter, softened
- 2 tablespoons pure maple syrup or honey
- Mini Easter eggs for decoration

## Method:

- **Mix & Combine:** In a bowl, mix grated carrots, applesauce, oil, eggs, & vanilla. In the same bowl, whisk in self-raising wholemeal flour, salt, cinnamon, and nutmeg
- **Fill & Bake:** Spoon the batter into cupcake liners, filling each 2/3 full. Bake at 175°C for 18-22 minutes or until a toothpick comes out clean
- **Frost & Decorate:** Beat softened cream cheese, butter, maple syrup (or honey), and vanilla. Once cupcakes are cooled, top with a mini Easter egg





Colour for your chance to win a Kids of Macarthur Easter Prize Pack, loaded with heaps of Easter Goodies! Simply colour in Watts Cooking's Easter Carrot Cake recipe and return to your provider or send us an emailed photo with this form attached for your chance to win! Winners will be chosen and announced by Tuesday the 26th of March - Good Luck!



Name: Entrants Name: \_\_\_\_\_ Entrants Age: \_\_\_\_\_

Suburb/Postcode (Macarthur only): \_\_\_\_\_

Parent guardians Name: \_\_\_\_\_

Parent guardians contact phone number: \_\_\_\_\_

Parent Guardians Email: \_\_\_\_\_

Have you heard of Kids of Macarthur Health Foundation before: YES // NO

If yes please explain how: \_\_\_\_\_

I would like to receive information about Kids of Macarthur's upcoming events:

Yes by post  Yes by Email:  No Thank you:

Address for post: \_\_\_\_\_

\_\_\_\_\_

ABN: 95 898 153 422 PO BOX 494 Campbelltown NSW 2560 Tel: 02 4655 5022 Email: [kenzie@kidsofmacarthur.com.au](mailto:kenzie@kidsofmacarthur.com.au)

**THANKS TO WATTS COOKING & COLES MACARTHUR!**